

# Things you need to know when having relaxing medication in your hand or arm at the Dentist.



Intravenous Sedation at the Dentist

Leaflet Produced = 24/07/2025





Before dental treatment we will give you a medicine to help you relax.



This can make you relaxed, but you will stay awake.



Here are some things you need to follow.



If the instructions are not followed, you cannot have treatment!



You will be looked after by a specially trained nurse and dentist.



Tell your dentist if there are changes to your health and medicines.



If you are pregnant or breast feeding let us know!



If you take medication, you can take this as usual.



You must bring a responsible adult who stays the whole time.



They must take you home by car or ambulance transport.



If there is no responsible adult, then you won't be treated.



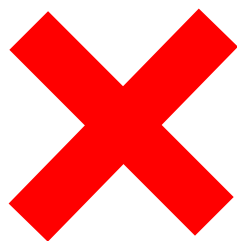
Do not bring any children with you.



Wear comfortable clothing and flat comfortable shoes.



Do not wear contact lenses.



Do not wear nail varnish.



You may have a light meal about 2 hours before treatment.



Do not drink alcohol or take drugs before your appointment.



The dentist will check everything before they start.



We will check your blood pressure using a cuff that squeezes your arm.



A clip will be used on your finger to monitor you.





Once the checks have happened the tube will be put in your arm/ hand.



The medicine is given through a cannula (a small tube) in your arm or back of hand.



1 hour before, numbing cream can be put on your arm or hand.



The cream will make it easier and more comfortable.



The small tube is put in the back of your arm or hand.



The medicine will then be given.



You will not go to sleep, and you can still talk to us.



It is not a general anaesthetic.





Some people feel sleepy.



When you are relaxed the dentist will start your treatment.



After treatment, when you feel okay, you can leave.



After, you may be forgetful and may not remember visiting the dentist.



Sometimes it takes a while to feel normal again.



The cannula may cause bruising on your arm or hand.



Someone will take you home by car or taxi.



You can't be left alone for 24 hours.



**Do not** use drugs or alcohol after your appointment.



**Do not** cook or use anything electrical for 24 hours.



**Do not** sign any papers or use internet for 24 hours.



**Do not** drive, ride a bike or use machines for 24 hours.



You may not be able to climb up and down steps easily.



After your appointment take medication as usual if your dentist says to.



If you need to, take pain relief.  
Follow the packets instructions.



If you have any questions, ask the staff where you had your treatment.

## Contact Details:



You can contact (Monday - Friday)  
9.00am - 4.30pm by telephone at:



**Community Dental Team:**



**Urgent out of Hours:**

This includes weekends and bank  
holiday.