

Things you need to know when having nose spray at the Dentist.



Intranasal Sedation at the Dentist

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Nose spray helps you relax before having treatment in the dentist.



You will still be awake, but it will help you feel relaxed.



Here are some things you need to follow.



If the instructions are not followed, you cannot have treatment!



You will be looked after by a specially trained nurse and dentist.



Tell your dentist if there are changes to your health and medicines.



If you are pregnant or breast feeding let us know!



If you take medication, you can take this as usual.



You must bring a responsible adult who stays the whole time.



They must take you home by car or ambulance transport.



If there is no responsible adult, then you won't be treated.



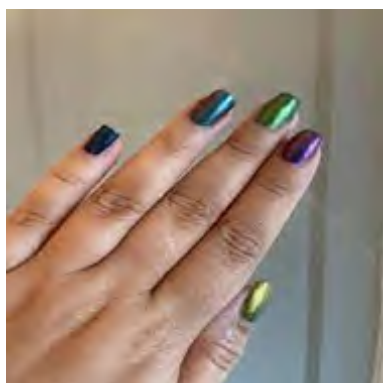
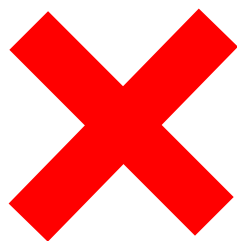
Do not bring any children with you.



Wear comfortable clothing and flat comfortable shoes.



Do not wear contact lenses.



Do not wear nail varnish.



You may have a light meal about 2 hours before treatment.



Do not drink alcohol or take drugs before your appointment.



The dentist will check everything before they start.



We will check your blood pressure using a cuff that squeezes your arm.



A clip will be used on your finger to monitor you.



The medication is called Midazolam and it is sprayed in your nose.



This takes 5 to 10 minutes to work.



The team will keep checking on you.



You will not go to sleep, and you can still talk to us.



When you are relaxed a cannula will be put into your hand or arm.



More relaxing medication is given using the cannula.



When you are relaxed the dentist will start your treatment.



You may have a mouth injection, so you don't feel pain.



If needed, oxygen will be given with a mask on your nose.



Some people feel sleepy.



After treatment, when you feel okay, you can leave.



After, you may be forgetful and may not remember visiting the dentist



Sometimes it takes a while to feel normal again.



The cannula may cause bruising on your arm or hand.



Sometimes you get a small nose bleed. We stop this with tissues.



Someone will take you home by car or taxi.



You can't be left alone for 24 hours.



Do not cook or use anything electrical for 24 hours.



Do not sign any papers or use internet for 24 hours.



Do not drive, ride a bike or use machines for 24 hours.



Do not use drugs or alcohol after your appointment.



You may not be able to climb up and down steps easily.



After your appointment take medication as usual if your dentist says to.



If you have any questions, ask the staff where you had your treatment.

Contact Details:



You can contact (Monday - Friday)
9.00am - 4.30pm by telephone at:



Community Dental Team:



Urgent out of Hours:

This includes weekends and bank
holiday.