Things you need to know about if you take a relaxing tablet before coming to see the Dentist.



Premedication Sedation at the Dentist

Leaflet Produced = 24/07/2025









You have been given medication to take **before** your dental appointment.



Here are some things you need to follow.



If the instructions are not followed, you cannot have treatment!



If you have any questions, ask the dentist who gave it to you.



If you are taking any other medicine/tablets tell the dentist.



Follow the instructions on how to take the medication at home.



You <u>must</u> have a responsible person with you after you have taken the medication.



They need to bring you to the appointment.



The responsible person should wait for you at the dentist.



You <u>cannot</u> be <u>left alone for 24</u> hours after the medication.



After the medication you may be forgetful and sleepy.



After you may not remember visiting the dentist.



Do not cook or use anything electrical for 24 hours.



Do not sign any papers or use internet for 24 hours.



Do not drive, ride a bike or use machines for 24 hours.



Do not use drugs or alcohol after your appointment.

Contact Details:



You can contact (Monday - Friday) 9.00am - 4.30pm by telephone at:



Community Dental Team:



Urgent out of Hours:

This includes weekends and bank holiday.