Things you need to know when looking after someone who had relaxing medication at the Dentist



Dental Sedation Escort Leaflet Produced = 24/07/2025









You have been asked to go with someone for their dental treatment.



They will be having medication to help them relax.



They may feel confused or forgetful afterwards.



Someone needs to help them for the rest of the day.



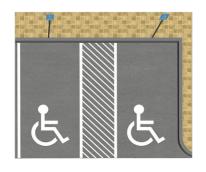
They may need someone to stay overnight.



The appointment will be cancelled if they don't have help and support.



As an escort you should be fit enough to help the patient.



You must go with the person 15 minutes before the appointment starts.



You must wait for the patient when they are in their appointment.



You must be there when the patient comes out.



They may not be able to climb up and down steps easily.



You must take them home by car or taxi.



Do not bring any children or anyone who needs looking after.



You must stay with the person for **24 hours** after the treatment.



The patient must be careful when cooking or using anything electrical.



They should take their medication as normal unless advised by the dentist.



The patient <u>should not</u> sign any papers or use internet.



The patient <u>should not</u> drive, ride a bike or use machines.



The patient <u>should not</u> use drugs or alcohol.



If you have any questions, ask the staff where they had their treatment.

Contact Details:



You can contact (Monday - Friday) 9.00am - 4.30pm by telephone at:



Community Dental Team:



Urgent out of Hours:

This includes weekends and bank holiday.